Antarctica East & West: Peninsula in Depth
with flights from Buenos Aires

This epic 20-day expedition brings you to a side of the Antarctic Peninsula even the luckiest of travelers don’t often see. You’ll experience the best of polar travel, including abundant wildlife, important historical sites, and ice—lots of ice. Embarking from Ushuaia, Argentina, you’ll traverse the legendary Drake Passage to arrive at Elephant Island, which gave Ernest Shackleton’s crew refuge in 1916. From this significant start you’ll move on to see enormous penguin colonies up close; zodiac cruise among icebergs that look like art; walk around and explore historic and operating scientific bases; sail across the imaginary but important line of the Antarctic Circle; and take a zodiac ride to see humpback and killer whales—all the while surrounded by the spectacular scenery of Antarctica.

EXPEDITION IN BRIEF
- Get to know Antarctica intimately during this 20-day trip
- Venture into the Weddell Sea on the remote east coast of the Antarctic Peninsula
- Cross the Antarctic Circle at 66°33´ S
- See a penguin colony of over 100,000 breeding pairs on volcanic Paulet Island
- Step back in time to experience Antarctic exploration in abandoned yet perfectly preserved bases
- Arrive in Buenos Aires, Argentina, the tango capital of the world, and let us take care of the rest of your journey

**DID YOU KNOW?** Antarctica is home to 93% of the world’s icebergs, with the rest coming from Greenland and Alaska. A tabular berg is a flat-topped iceberg that usually forms as ice breaks directly off an ice sheet or ice shelf, and has a length-to-height ratio greater than 5:1.
Adventure Options

Booking an Adventure Option as part of your expedition is a great way to enhance your polar experience. These options are subject to availability and fill up quickly, so be sure to book yours early. Please note that Adventure Options are weather dependent.

**KAYAKING**

Imagine gliding across the surface of a bay in the presence of icebergs and glaciers! Our kayaking adventures are the best way to feel at one with the sea. Taken in small groups of 16 people, multiple times per voyage, kayaking adventures are only conducted during calm weather conditions. We recommend that you have some prior kayaking experience, including the capability to do a wet exit.

The kayaking Adventure Option is open to all levels of experience; however, we advise that kayaking in polar waters is not an activity for first-time guests. Beginners interested in kayaking should take an introductory kayaking course prior to their voyage.

In addition, regardless of your experience, we recommend kayaking lessons for a minimum of three hours in preparation for your expedition. To maximize your enjoyment and your overall experience, it is of the utmost importance that you be comfortable while kayaking.

**CAMPING**

Treat yourself to an overnight camping adventure in Antarctica! Our popular camping options have limited availability, varying by ship. Dress warmly and eat a hearty meal before you head out, as no meals are allowed on land. You will need to complete a waiver form before being considered for this Adventure Option.

**STAND-UP PADDLEBOARDING**

Combining surfing with kayaking or canoeing, stand-up paddleboarding will give you a very personal and unique perspective on Antarctica. Taken in small groups—on calm bays and harbors in good weather conditions—and accompanied by a Zodiac, our paddleboarding adventures can be booked in advance (limited availability), and after the first successful outing, will be offered via sign-up onboard ship on a first-come, first-served basis for any subsequent outings.

More information about your Adventure Options, including the necessary experience, physical requirements and cost, is available by contacting your Polar Travel Adviser.

**INCLUDED ACTIVITIES (VARY BY DEPARTURE)**

**PHOTOGRAPHY**

Antarctica is one of the most abundantly photogenic destinations in the world. Penguins amble across pebbled beaches, whales spy-hop from the crystal blue sea, and sparkling icebergs tower in this serene yet dramatic environment. Whether you own a serious SLR or a simple point-and-shoot, our on-board photography expert will provide you with hands-on instruction and technical tips to ensure that you capture the best of your Antarctica experience.
**DAY 1  Buenos Aires, Argentina**

You may arrive in Buenos Aires at any time during Day 1 of your itinerary. Upon arriving in this splendid city, known for its soaring architecture and rich European heritage, you will independently transfer to the group hotel (pre-night hotel included).

**DAY 2  Ushuaia, Argentina, and Embarkation**

After breakfast at the hotel, the group will transfer to the airport and board our private charter flight to Ushuaia, Argentina.

Upon arrival, you will have a little time to explore this quaint port town before heading to the pier.

Embarkation will occur in the late afternoon, after which your vessel will sail down the historic Beagle Channel. This famous channel transects the Tierra del Fuego archipelago in the extreme south of South America. Expect an air of anticipation as you depart—the next time you’ll see land you’ll be in the world’s most southern continent!

**DAYS 3 AND 4  Crossing the Drake Passage**

The waters of the Drake Passage are unpredictable, so hope for clear skies and a calm ocean. You’ll have plenty of time to gaze out at the sea, get to know your fellow shipmates and chat with your Expedition Team.
You will spend this time preparing for the exciting days ahead, with numerous educational and informative lectures presented by your Expedition Team. You’ll learn about everything from safety procedures to the history of whaling in Antarctica.

**DAY 5 Elephant Island**

Mountainous and ice-covered Elephant Island is the first land you’ll visit following the crossing. Named by early explorers for the elephant seals that dotted its shoreline, the island is best known as the refuge for Ernest Shackleton’s crew. Point Wild, the site of the crew’s camp, is an Antarctic Historic site.

**DAYS 6 TO 8 Weddell Sea**

Battered with ocean currents all year long, the remote east side of the Antarctic Peninsula is completely different to the more commonly visited west coast. Here, you’ll see mile-long tabular icebergs formed over hundreds or even thousands of years and broken off of ice shelves further south.

Paulet Island is volcanic and thermal heat keeps part of it ice free. Over 100,000 pairs of Adélie penguins make it a popular visiting point.

The wooden hut on Snow Hill Island was built in February 1902 by the main party of the Swedish South Polar Expedition led by Otto Nordenskjöld. This historic hut contains original objects from the expedition and functions as a living museum.

Brown Bluff, formed by a single volcanic vent, is the perfect place to experience Antarctic flora and fauna.

**DAYS 9 TO 15 Antarctic Peninsula and Antarctic Circle**

Travel around the Peninsula includes a variety of experiences, including Cuverville Island and the largest colony of gentoo penguins in the region—more than 6,500 breeding pairs. Other possible landing sites include Melchior, Cuverville Island and Orne Harbour. Glaciers, penguin colonies and breaching humpback whales will highlight your days, while friendly seals are plentiful in these waters. You can also expect to encounter what is arguably the most formidable Antarctic predator, the leopard seal.

You’ll have drinks to celebrate crossing the Antarctic Circle, and you may visit the Vernadsky Lounge, the Peninsula’s southernmost bar. A sure highlight is Wilhelmina Bay—one of our expeditions once spotted 50 whales in three hours! We’ll spend a full seven days exploring as many sites as we can, ensuring you the most comprehensive Antarctic experience possible.

**DAYS 16 AND 17 South Shetland Islands**

In 1819, the British explorer William Smith described the South Shetland Islands as ‘barren and covered with snow, with seals in abundance.’ Places such as Half Moon Island or Livingston Island support huge numbers of nesting chinstrap, gentoo and even some macaroni penguins. Giant and cape petrels, blue-eyed shags and kelp gulls nest in the cliffs. Mosses, lichens and Antarctica’s only two flowering plants thrive during the short summer on the low-lying peninsulas of these rugged maritime islands. You will explore the busy penguin and seabird rookeries and marvel at the huge elephant seals that wallow along the shore.

Deception Island is the caldera of an active volcano, where sealing and whaling operations were based in the past. Several microclimates can get quite warm, and there is a large colony of chinstrap penguins. Half Moon Island is a significant area for birds and it features a 2,200 yard (2 km) walking track to give you a close view of the wildlife.

**DAYS 18 TO 19 Drake Passage**

Use your second passage across the Drake to put your newfound Antarctic knowledge to use; spend time on deck, spot icebergs and name seabirds. Enjoy presentations by our onboard experts and bond with your shipmates.

**DAY 20 Disembark in Ushuaia and Fly to Buenos Aires**

We will arrive in Ushuaia in the morning, after breakfast. After disembarking, you will get a little taste of Patagonia, touring Tierra del Fuego National Park before transferring to the airport for the return group charter flight to Buenos Aires.
Arrival & Departure Details

Welcome! As you prepare for your journey, you may be interested to know the details of your arrival and departure. Since international air transportation to and from your voyage is not included in the cost of your expedition, you will need to arrange flights from your home to the starting point, and home again from the finishing point. Quark Expeditions® can assist you with booking air arrangements on an individual basis, or feel free to contact your preferred travel agent or airline.

Arrival Day and Embarkation

ARRIVING IN BUENOS AIRES
You may arrive at any time during Day 1 of your itinerary. Upon your arrival in Buenos Aires, you will make your way to the included group hotel. That evening, a Quark Expeditions® representative will greet you and be available to answer your questions at the predeparture briefing. After breakfast the following morning, on Day 2, your group will transfer to the airport and board our private charter flight to Ushuaia, Argentina, the southernmost city in the world.

Please note that there is a strict luggage limit of 44 lbs (20 kg) checked luggage and 11 lbs (5 kg) cabin baggage on the flights between Buenos Aires and Ushuaia. Should you have additional luggage, it can be stored at the hotel in Buenos Aires. There is NO option to pay for additional luggage.

USHUAIA AND EMBARKATION
Upon arrival in Ushuaia (Day 2 of your itinerary), you’ll have some free time to explore this quaint port town before heading to the pier and embarking around 4 pm. Information about embarkation will be given during your predeparture briefing at the Buenos Aires hotel.

Final Day and Departure

DISEMBARKATION IN USHUAIA
The ship is scheduled to arrive back at the pier in Ushuaia between 7 am and 8 am local time. After breakfast, and once the ship has docked, you will have time to bid farewell to your Expedition Team and shipmates before completing your disembarkation. The process takes about an hour. If you have purchased the Buenos Aires hotel and transfer package, we will depart the pier to take a short tour of Tierra del Fuego National Park before transferring to the airport for our return charter flight to Buenos Aires.

DEPARTING FROM BUENOS AIRES
Upon arrival in Buenos Aires, you may connect directly with your homeward flight, as we will land at the international airport (EZE). Approximate arrival time is scheduled for 5 pm.

Please note that weather conditions can always delay our arrival, and airline schedule changes have also been known to occur. Booking flexible tickets is always encouraged, as we cannot be held responsible for ship delays due to unforeseen circumstances. A post-expedition hotel night in Buenos Aires is recommended.
Included Hotel Accommodations

Your included accommodation begins on Day 1 of your itinerary, and the specific hotel(s) will be indicated on your final voyage confirmation. If you are arriving prior to Day 1 of your expedition or are staying after the disembarkation day, please contact your Polar Travel Adviser for hotel options. As accommodation space is limited, you are encouraged to request any extra nights as early as possible.

Arrival and Departure Transfers

BUENOS AIRES AIRPORT TRANSFERS
Arrival and departure transfers in Buenos Aires are not included; however, a Polar Travel Adviser can arrange them for you.

If you are flying home right away, you will most likely be able to board on the same day, as our charter flight arrives at Ministro Pistarini International Airport (EZE). Please be sure to allow 3 hours between our charter arrival and your international departure.

If your plans will take you onward in South America, please check your flight schedule to confirm your connection before booking. Upon arrival in Buenos Aires, you may need to transfer from the international airport (EZE) to the domestic airport, Jorge Newbery (AEP), which is located about a one-hour drive away.

We recommend that you book an extra hotel night in Buenos Aires for the safest travel plans. If you must transfer between airports on the final day of the voyage, you can choose to use the efficient airport shuttle service, Manuel Tienda León, or take a taxi (about a one-hour ride under normal traffic conditions). If you prefer, your Polar Travel Adviser can also arrange for a private transfer.

As traffic can be a factor, we recommend that you allow at least 4 to 5 hours between flights arriving and departing from the different airports in Buenos Aires.

Extending Your Trip

PRE- AND POST-EXPEDITION TRIP EXTENSIONS
You can extend your trip by booking extra days to explore South America before or after the voyage. Since you’re traveling such a long way, you may want to spend extra time in one of our gateway cities or add on another region, like Easter Island, Chile, or Machu Picchu, Peru. We have a variety of pre- and post-expedition packages in the fascinating cities of Santiago, Buenos Aires, Ushuaia or the region of Patagonia. Enjoy a cruise to Penguin Island near Ushuaia, trek and canoe in Tierra del Fuego National Park, take in a tango show in Buenos Aires or stroll the catwalks over Iguazu Falls. Contact your Polar Travel Adviser to discover the best options for extending your adventure.
Inclusions

THIS EXPEDITION INCLUDES

- Shipboard accommodation with daily housekeeping
- All breakfasts, lunches, dinners and snacks on board
- All shore landings per the daily program
- Leadership throughout the voyage by our experienced Expedition Leader
- All Zodiac transfers and cruising per the daily program
- Formal and informal presentations by our Expedition Team and special guests as scheduled
- A photographic journal documenting the expedition
- Waterproof expedition boots on loan for shore landings
- An official Quark Expeditions® parka to keep
- Coffee, tea and cocoa available around the clock
- A hair dryer and bathrobes in every cabin
- Comprehensive predeparture materials, including a map and an informative Antarctic Reader
- All miscellaneous service taxes and port charges throughout the program
- All luggage handling aboard the ship
- Emergency evacuation insurance to a maximum benefit of US$500,000 per person

THIS EXPEDITION EXCLUDES

- Mandatory transfer package*
- International airfare
- Passport and visa expenses
- Government arrival and departure taxes not mentioned above
- Meals ashore unless otherwise specified
- Baggage, cancellation, interruption and medical travel insurance—strongly recommended
- Excess-baggage fees on international flights
- Mandatory waterproof pants for Zodiac cruising, or any other gear not mentioned
- Laundry, bar, beverage and other personal charges unless specified
- Phone and Internet charges
- Voluntary gratuity at the end of the voyage for shipboard staff and crew
- Additional overnight accommodation
- Optional adventure activities
- Arrival transfer in Buenos Aires on Day 1

*BUENOS AIRES TRANSFER PACKAGE INCLUDES:

- One night’s hotel accommodation in Buenos Aires, with breakfast
- Group transfer from the hotel to the airport in Buenos Aires
- Charter flight from the Buenos Aires international airport to Ushuaia, and return
- Group transfer from the Ushuaia airport to the ship, and return
- Combined airport transfer and express bus tour of Tierra del Fuego National Park after disembarkation

Package cost: $950 USD

Note: Baggage allowance on charter flights is 44 lbs (20 kg) checked and 11 lbs (5 kg) carry-on.

EXTEND YOUR STAY
Contact our Polar Travel Advisers via email, live chat or phone (1.888.892.0073) for seamless, worry-free booking of all trip extensions.
HOW TO BOOK YOUR EXPEDITION & ADVENTURE OPTIONS
To book your cabin or inquire about the availability of Adventure Options, contact a Polar Travel Adviser 1.888.892.0073 (+1.203.803.2666).

1.888.892.0073
Antarctic Peninsula

POSSIBLE LANDINGS AND WILDLIFE SIGHTINGS

Stepping foot on Antarctica is a moment of pleasure that affects each traveler differently. Your possible landing in Antarctica will take place on the Peninsula, which is an extension of the Transantarctic Mountains chain and is the most northern stretch of Antarctic land. Formed by uplifted submarine troughs that were filled with sediment about 220 million years ago, this is a dynamic land of both desolation and diversity. To the east is the frozen, wild Weddell Sea. To the west, howling winds and warming seas from the Southern Ocean create perfect conditions for whale sightings.

CUVERVILLE ISLAND

A gentoo penguin rookery is situated on a rocky beach at the north end of the island. Depending on when in the season you arrive, you may see the penguins building nests or attending to their chicks. Giant petrels and kelp gulls breed on the island.

DAMOY POINT

If you are lucky enough to mail a postcard in Antarctica, you'll likely pass through Damoy Point, the northern entrance to the harbor where Port Lockroy is located.

DANCO ISLAND

Home to gentoo penguins, this small island is easy to explore, at only one mile (1.6 km) long. You can visit the marker of a former British Antarctic Survey hut, where you can watch for a variety of seabirds, such as snowy sheathbills, kelp gulls and blue-eyed shags.

ENTERPRISE ISLAND

Located in Wilhelmina Bay, this island was once used by whalers. A Zodiac cruise around the island passes a wrecked whaling ship.

LEMAIRE CHANNEL

You’ll see firsthand why this strait, which runs between Booth Island and the Antarctic Peninsula, is one of the most scenic locations on the peninsula’s west coast, especially during sunrise and sunset. The channel may become impassable when ice fills the narrow 6.8-mile (11 km) long passageway, so we’ll hope for clear waters.

MELCHIOR ISLANDS

This group of low islands in Dallmann Bay is where you may see hauled-out male fur seals as they recuperate from their battles for supremacy at the end of their breeding season.

NEKO HARBOUR

Little evidence remains that this bay was once used by the floating whale factory ship Neko. You might see whale vertebrae being used by resident gentoo penguins as shelter from the wind. There is an unmanned refuge hut here, erected by Argentina. Climb past the hut and up a steep slope for spectacular views of the glacier-rimmed harbor.

PETERMANN ISLAND

Here, near the Lemaire Channel, you can stand ashore and see the southernmost breeding colony of gentoo penguins. The dome of the island rises 650 feet (200 meters) above the sea, offering a challenging hike for panoramic views. Adélie penguins, shags and south polar skuas also inhabit the island.

PORT LOCKROY

Port Lockroy is a “fun” destination of sorts, so we always strive to journey to this sheltered harbor, located on the west side of Wiencke Island, if weather permits. As part of Operation Tabarin during the Second World War, a secret British base was built here. Now a designated historic site, the base is a museum and post office. Proceeds from your purchases in Port Lockroy support the preservation of historic sites from the Heroic Age of Exploration.
WATERBOAT POINT

You may venture to this unique point, which at low tide is connected to the Antarctic mainland. Zodiacs are used to explore the historic area when the tide is in. Two scientists studying penguin behavior lived in a water boat on the point from 1921 to 22. The remains of their camp have been designated an Antarctic historic site.

BROWN BLUFF

A possible exposed volcano, Brown Bluff towers 2,225 feet (678 meters) over the rookeries of Adélie and gentoo penguins, which number in the thousands. These penguins will create a symphony of background noise while you explore the bluff.

PAULET ISLAND

Located in the northwestern Weddell Sea, Paulet Island is home to a large Adélie penguin rookery. With a volcanic cone that rises 1,158 feet (353 meters), the island reminds you that this was once a very active landscape. In addition to penguins, you may be interested in visiting a historic hut built by members of the Swedish Antarctic Expedition of 1901-04. A cross marks the gravesite of Ole Wennersgaard, a member of the crew.

ANTARCTIC CIRCLE

Although not a typical landing, the crossing of the Antarctic Circle is a moment to remember. The event will usually happen while at sea, so be sure to head up to the bridge and snap your photo of the GPS reading 66°33´S.

IMPORTANT REMINDER  Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must allow the sea, the ice and the weather to guide route and itinerary details. This itinerary is a tentative outline of what you’ll experience on this voyage; please be aware that no specific itinerary can be guaranteed. A measure of flexibility is something all of us must bring to a polar expedition.
South Shetland Islands

POSSIBLE LANDINGS AND WILDLIFE SIGHTINGS

The Bransfield Strait separates this archipelago from the Antarctic Peninsula. The South Shetland Islands stretch for 335 miles (540 km) from northeast to southwest. In the 1820s, sealers swept the islands’ beaches of seals. When the seal market collapsed, the sealers retreated. Over the course of time, seals have returned to the islands.

AITCHO ISLANDS

This group of small islands, some still unnamed, is situated in the northern entrance of the English Strait. You can often spot a great mix of wildlife in the area, with gentoo and chinstrap penguins having established rookeries on the islands. Southern elephant and fur seals frequently haul out here, too.

BAILY HEAD

Also known as Rancho Point, Bailey Head is a rocky headland on the southeastern shore of Deception Island. Chinstrap penguins build nests on slopes leading to a high ridge that dominates the natural amphitheater and provides a superb setting for landscape photography.

HALF MOON ISLAND

This crescent-shaped island was known to sealers as early as 1821. Unlike sealers, who tried to keep their best locations secret, we’re happy to bring you ashore on this impressive island. Many Antarctic birds breed here, including chinstrap penguins, shags, Wilson’s storm petrels, kelp gulls, snowy sheathbills, Antarctic terns and skua.

HANNAH POINT

Macaroni, chinstrap and gentoo penguin rookeries are located on this point, which is on the south coast of Livingston Island. Due to the rather congested area available to the nesting penguins, you can only visit here from January 10 onward.

PENDULUM COVE

Geothermal waters are found along the shoreline of this cove, named for observations made in 1829 by a British expedition. You may see yellow algae and boiled krill floating on the surface because of the scalding water!

PENGUIN ISLAND

Antarctica has two flowering plants, both of which you can find on Penguin Island: *Deschampsia antarctica* and *Colobanthus quitensis*. Chinstrap penguins, fur seals and southern elephant seals use the island for breeding purposes.

ROBERT POINT

A nice spot for Zodiac cruising, this point was known to sealers as early as 1820. Chinstrap penguins, kelp gulls and pintado petrels breed here, and whales may be seen in the surrounding waters.

TELEFON BAY

Your Expedition Team will be happy to point out that this is where the most recent evidence of volcanic eruption on Deception Island can be seen.

TURRET POINT

Chinstrap and Adélie penguin rookeries are found on this point, situated on the south coast of King George Island. The beaches here are often crowded with southern elephant, fur and Weddell seals hauling out on the rocks.
WHALER’S BAY

To reach Whaler’s Bay, it is necessary to sail through a narrow passage called Neptune’s Bellows. The bay was used by whalers from 1906 to 1931 and is part of a protected harbor created by the formation of the circular flooded caldera known as Deception Island. Along with waddling penguins and lounging seals, you’ll see the rusting remains of whaling operations on the beach. Watch for steam that may rise from geothermally heated springs along the shoreline.

YANKEE HARBOUR

Gentoo penguins have established a rookery on this harbor, situated on the southwest side of Greenwich Island. Here, you can see an abandoned Argentine refuge hut and a large glacier that stretches along the east and north sides of the bay. An abandoned sealing try pot is all that remains of the activity that brought men thousands of miles in tall ships to seek their fortune.

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