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Overview

The 7th Continent offers so many extraordinary things to see and do, and travelling with Quark Expeditions® offers multiple options to personalize your experience. We’ve designed this guide to help you identify what interests you most, so that you can start planning your version of the perfect Antarctic expedition.

With a more in-depth exploration of the Antarctic Peninsula, our Crossing the Circle: Southern Expedition voyage gives you the chance to venture beyond the Antarctic Circle, a milestone few have reached. Including an in-depth exploration of the penguin colonies, glaciers, bays and historical sites of the Peninsula, you’ll also navigate further to 66.5° south. Encounter even more wildlife and experience the awe of splendid isolation. You can personalize your adventure with options that suit your interests, and cross the 7th Continent off your list—your way.

Antarctica has been inspiring explorers for centuries and our expeditions offer the chance for you to discover why. We’re excited to host you on your unforgettable adventure! Feel free to reach out to our team of Polar Travel Advisers who can answer any of your questions and provide assistance at any time.
Day 1 | Arrive in Ushuaia, Argentina
You will begin your journey in Ushuaia, a small but bustling port town at the tip of South America. This Argentine town is an ideal gateway for you to explore the southern extent of Patagonia while preparing for your adventure ahead. Get active in the mountains or enjoy handcrafted chocolate at a café in town.

Day 2 | Embarkation Day
As the ships set sail in the late afternoon, you will begin your Antarctic journey, passing through the Beagle Channel. Named after the famed ship on which Charles Darwin voyaged, the channel presents great photo opportunities of landscapes and seabirds. Eventually the channel opens up to the Southern Ocean, and onwards to Antarctica.

Days 3 & 4 | Crossing the Drake Passage
Your days at sea are filled with presentations and lectures led by your Expedition Team, who will prepare you for the wildlife that will greet you upon your arrival. In between presentations, spend time chatting with your shipmates over a drink at the bar.
DAYS 5–7 | SOUTH SHETLAND ISLANDS AND ANTARCTIC PENINSULA

The most common reaction upon reaching the White Continent is a sense of reverence and awe. The experience is beyond words, since few places are as untouched, unique and enduring as Antarctica. You will begin to appreciate why this region has long captivated the attention of explorers and travelers alike. Every visit to Antarctica, we witness something new or unexpected, which means that your expedition will be unlike any other—creating a unique, personal experience.

Each day, you will take Zodiac excursions from the ship to explore local bays, channels and landing sites. With wildlife always at the forefront of our minds, you will visit penguin rookeries, scout for humpback and minke whales, and search for a number of southern seal species, including the cunning leopard seal.

Your Expedition Team will take care of you at each landing, whether you are exploring the Antarctic terrain, visiting a research station or consorting with penguin colonies. Chinstrap, Adélie and gentoo penguins are found here, along with four different species of seals. Curious whales, such as minkes, are often attracted to our Zodiacs, giving you a chance to experience these majestic animals in their own environment. Each day and each landing will present a new collection of creatures to delight you and keep your camera busy.

Your days will be busy spotting wildlife and being mesmerized by the astounding beauty of Antarctica. Listening to the crackling and crumbling of icebergs and glaciers and watching penguins waddling on the beach will become your daily entertainment, while kayaking is an optional activity available on select voyages (at an extra cost).

DAYS 8 & 9 | ANTARCTIC CIRCLE

Crossing the Antarctic Circle is an impressive achievement, as most expeditions to the Antarctic Peninsula do not reach this far south — 66°33’ S. If conditions allow us to cross this famed line, you and your shipmates will celebrate in style with a well-earned glass of sparkling wine!

Make a toast and take pride in knowing you’ve made it to a part of the world visited by very few people. This is raw Antarctica, home of the midnight sun, penguins and some of the most awe-inspiring ice formations you’ll see anywhere on the continent.
DAYS 10 & 11 | NORTHBOUND ALONG THE PENINSULA
By now, your knowledge of Adélie, chinstrap and gentoo penguins will be matched by your ability to differentiate between a leopard, fur and Weddell seal. Terms like bergy bits and pancake ice will seem normal, yet there are still many tales to be told. As you head north, Zodiac excursions will fill your days, and your Expedition Team will continue offering presentations and looking out for species of penguins, seals and whales that may have eluded you on your journey south.

DAYS 12 & 13 | CROSSING THE DRAKE PASSAGE
As you recross the Drake, Antarctica fades away, leaving you with a collection of memories to last a lifetime. Excited conversations with your newfound friends will make the crossing fly by, regardless of weather and sea conditions. Your Expedition Team will round up its series of presentations as well, perhaps with a slideshow of the great landing sites and wildlife you’ve witnessed over the course of your voyage. Be sure to take some time to reflect on everything you’ve experienced so far.

DAY 14 | DISEMBARKATION IN USHUAIA
Today, you’ll say goodbye to your Expedition Team and fellow travelers, disembarking in the morning to catch your homeward flights.

IMPORTANT REMINDER
Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must allow the sea, the ice and the weather to guide route and itinerary details. This itinerary is a tentative outline of what you’ll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife encounters as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not a guarantee.
As you prepare for your journey, you may be interested to know the details of your arrival and departure. Since air transportation to and from your voyage is not included in the cost of your expedition, you have some flexibility in planning your flights. Looking to extend your adventure beyond your polar cruise? Learn how to add on a pre- or post-expedition stop—or both!—in your gateway city on page 20.

**Arrival Day and Embarkation**

**ARRIVING IN USHUAIA**
You may arrive in Ushuaia at any time during Day 1 of your itinerary. Ushuaia is a destination worth exploring, so we do encourage you to arrive a day or two before your expedition. Based on the arrival information you send us, we will arrange for a transfer from the airport to your hotel.

A Quark Expeditions® representative will be available to answer your questions in the lobby of your hotel in Ushuaia during your optional pre-departure briefing on Day 1, at 6pm.
EMBARKATION IN Ushuaia
On the morning of Day 2, your luggage will be collected from the lobby of your hotel, transferred to the ship and stored in your cabin.

Ship embarkation will occur on Day 2 of your itinerary, usually around 4pm. You and your shipmates will meet at a designated spot near the pier, and board the waiting buses for transfer to the ship. Information about embarkation will be posted in your Ushuaia hotel and discussed during your optional pre-departure meeting on Day 1.

Final Day and Departure
DISEMBARKATION IN Ushuaia and ONWARD
Your ship is scheduled to arrive at the pier in Ushuaia, between 7am and 8am. Once the ship has docked, you will have time to bid farewell to your Expedition Team and shipmates before completing your disembarkation. The process takes about an hour.

Weather conditions can always change our arrival times, and airline schedule changes have also been known to occur. Please book your flight home from Ushuaia to depart as late in the day as possible or at a date after the end of your expedition. If you have booked a flight that departs before 11am on the date that your expedition ends, you will be at risk of missing your flight.

Quark Expeditions® staff in Ushuaia will reconfirm your domestic flight 48 hours prior to disembarkation, provided you give your information to our team ahead of time or when you board the ship.

Included Hotel Accommodations
Your included accommodation begins on Day 1 of your itinerary, and the specific hotel(s) will be indicated on your final voyage confirmation. If you are arriving prior to Day 1 of your expedition or are staying after the disembarkation day and would like help booking a pre- or post-stay, please contact your preferred travel agent or Quark Expeditions® for hotel options. As accommodation space is limited, you are encouraged to request any extra nights as early as possible.

Ushuaia accommodations range from hostels to mid-range properties, and hotel space is limited. Quark Expeditions® endeavors to provide the best possible accommodation within these parameters. A particular property cannot be guaranteed, but space is most often booked at Hotel Las Lengas, Hotel Los Acebos, and Albatros Hotel.

Arrival and Departure Transfers
USHUAIA AIRPORT TRANSFERS
ARRIVAL: A group transfer in Ushuaia is included from the airport to your included pre-expedition hotel on Day 1 of your itinerary.

DEPARTURE: A group departure transfer is included from the ship to the airport on the final day of your itinerary. If your flight is later in the day, you may opt to transfer to our luggage storage facility instead and enjoy further activities in Ushuaia on your own. Access to luggage storage is available until 6pm on the disembarkation day only. You will need to arrange your own transfer to the airport if you do not take advantage of the included transfer or if you are leaving Ushuaia after the disembarkation day.

In order to facilitate your transfers, we request that you provide your flight details to Quark Expeditions® at least 30 days prior to traveling.
DAY 1 | ARRIVE IN BUENOS AIRES, ARGENTINA
You may arrive in Buenos Aires at any time during Day 1 of your itinerary. Upon arriving in this splendid city, known for its rich architecture and European heritage, you will independently transfer to your included hotel.

DAY 2 | FLY TO USHUAIA AND EMBARKATION
After breakfast at the hotel, the group will transfer to the airport and board our private charter flight to Ushuaia, Argentina.

Upon arrival, you will have a little time to explore this quaint port town before heading to the pier.

Embarkation will occur in the late afternoon, after which your vessel will sail down the historic Beagle Channel, which transects the Tierra del Fuego archipelago in the extreme south of South America. Expect an air of anticipation as you depart—the next time you see land, you’ll be in the world’s most southern continent!

DAYS 3 & 4 | CROSSING THE DRAKE PASSAGE
The waters of the Drake Passage are unpredictable, so hope for clear skies and a calm ocean. You’ll have plenty of time to gaze out at the sea—spotting and snapping shots of seabirds swooping around the ship—as well as chat with your Expedition Team and fellow travelers.
DAYS 5–7 | SOUTH SHETLAND ISLANDS & ANTARCTIC PENINSULA

Once the Antarctic Convergence is left in our wake, you will truly begin your Antarctic adventure. It is perhaps the first sight of land itself that is embraced as the true beginning of any Antarctic expedition. You will begin to appreciate why this region has long captivated the attention of explorers and travelers alike. Every time we visit Antarctica, we witness something new or unexpected, which means that your expedition will be unlike any other—creating a unique, personal experience.

Each day, you will take Zodiac excursions from the ship to explore local bays, channels and landing sites. With wildlife always at the forefront of our minds, you will visit penguin rookeries, scout for humpback and minke whales, and search for a number of southern seal species, including the cunning leopard seal.

The majesty of the Antarctic Peninsula’s mountains will enchant as you hike snowy pathways to vantage points offering you 360-degree views of your surroundings. You will discover that Antarctica is a land of extremes. At one moment you’ll be overcome with a feeling of complete desolation and silence, and the next moment you’ll be inspired by nature as a calving glacier crashes into brilliant blue sea or a penguin waddles by to inspect your footwear.

Each day will be different, having been carefully crafted by your Expedition Team to inspire and educate you about this wonderful part of the world.

DAYS 8 & 9 | ANTARCTIC CIRCLE

Crossing the Antarctic Circle is an impressive achievement, as most expeditions to the Antarctic Peninsula do not reach this far south—66°33’S. If conditions allow us to cross this famed line, you and your shipmates will celebrate in style with a well-earned glass of champagne!

Make a toast and take pride in knowing you’ve made it to a part of the world visited by very few people. This is raw Antarctica, home of the midnight sun, penguins and some of the most awe-inspiring ice formations you’ll see anywhere on the continent.

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By now, your knowledge of Adélie, chinstrap and gentoo penguins will be...
matched by your ability to differentiate between a leopard, fur and Weddell seal. Terms like bergy bits and pancake ice will be part of your vocabulary, yet there are still many tales to be told. As you head north, Zodiac excursions will fill your days, and your Expedition Team will continue offering presentations and looking out for species of penguins, seals and whales that may have eluded you on your journey south.

**DAYS 12 & 13 | CROSSING THE DRAKE PASSAGE**
As you recross the Drake, Antarctica fades away, leaving you with a collection of memories to last a lifetime. Excited conversations with your newfound friends will make the crossing fly by, regardless of weather and sea conditions. Your Expedition Team will round up its series of presentations as well, perhaps with a slideshow of the great landing sites and wildlife you’ve witnessed over the course of your voyage. Be sure to take some time to reflect on everything you’ve experienced so far.

**DAY 14 | DISEMBARKATION IN USHUAIA & FLY TO BUENOS AIRES**
You will arrive in Ushuaia in the morning, after breakfast. After disembarking, you will get a little taste of Patagonia by touring Tierra del Fuego National Park before transferring to the airport for the return group charter flight to Buenos Aires.

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**IMPORTANT REMINDER**
Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must allow the sea, the ice and the weather to guide route and itinerary details. This itinerary is a tentative outline of what you’ll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife encounters as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not a guarantee.
Arrival & Departure Details

As you prepare for your journey, you may be interested to know the details of your arrival and departure. Since air transportation to and from your voyage is not included in the cost of your expedition, you have some flexibility in planning your flights. Looking to extend your adventure beyond your polar cruise? Learn how to add on a pre- or post-expedition stop—or both!—in your gateway city on page 20.

Arrival Day and Embarkation

ARRIVING IN BUENOS AIRES
You may arrive at any time during Day 1 of your itinerary. Upon your arrival in Buenos Aires, you will make your way to the included group hotel. That evening, a Quark Expeditions® representative will greet you and be available to answer your questions at the pre-departure briefing. After breakfast the following morning, on Day 2, your group will transfer to the airport and board our private charter flight to Ushuaia, Argentina, the southernmost city in the world.

USHUAIA AND EMBARKATION
Upon arrival in Ushuaia (Day 2 of your itinerary), you’ll have some free time to explore this quaint port town before heading to the pier and embarking around 4pm. Information about embarkation will be given during your pre-departure briefing at the Buenos Aires hotel.

PLEASE NOTE
There is a strict luggage limit of 44 lbs (20 kg) checked luggage and 11 lbs (5 kg) cabin baggage on the flights between Buenos Aires and Ushuaia. Should you have additional luggage, it can be stored at the hotel in Buenos Aires. There is NO option to pay for additional luggage.
Final Day and Departure

DESEMBARKATION IN USHUAIA
The ship is scheduled to arrive back at the pier in Ushuaia between 7am and 8am. After breakfast, and once the ship has docked, you will have time to bid farewell to your Expedition Team before completing your disembarkation. The process takes about an hour. If you have purchased the Buenos Aires hotel and transfer package, after disembarkation, you will take a short tour of Tierra del Fuego National Park before transferring to the airport for our return charter flight to Buenos Aires.

DEPARTING FROM BUENOS AIRES
Upon arrival in Buenos Aires, you may connect directly with your homeward flight, as we will land at the international airport (EZE). Approximate arrival time is scheduled for 5pm.

Included Hotel Accommodations
Your included accommodation begins on Day 1 of your itinerary, and the specific hotel(s) will be indicated on your final voyage confirmation. If you are arriving prior to Day 1 of your expedition or are staying after the disembarkation day and would like help booking a pre- or post-stay, please contact your preferred travel agent or Quark Expeditions® for hotel options. As accommodation space is limited, you are encouraged to request any extra nights as early as possible.

Arrival and Departure Transfers

BUENOS AIRES AIRPORT TRANSFERS
Arrival and departure transfers in Buenos Aires are not included; however, a Polar Travel Adviser can arrange them for you.

If you are flying home right away, you will most likely be able to board on the same day, as our charter flight arrives at Ministro Pistarini International Airport (EZE). Please be sure to allow three hours between our charter arrival and your international departure.

If your plans will take you onward in South America, please check your flight schedule to confirm your connection before booking. Upon arrival in Buenos Aires, you may need to transfer from the international airport (EZE) to the domestic airport, Jorge Newbery (AEP), which is located about a one-hour drive away.

We recommend that you book an extra hotel night in Buenos Aires for the safest travel plans. If you must transfer between airports on the final day of the voyage, you can choose to use the efficient airport shuttle service, Manuel Tienda León, or take a taxi (about a one-hour ride under normal traffic conditions). If you prefer, your Polar Travel Adviser can also arrange for a private transfer.

As traffic can be a factor, we recommend that you allow at least four to five hours between flights arriving and departing from the different airports in Buenos Aires.

In order to facilitate your transfers, we request that you provide your flight details to Quark Expeditions® at least 30 days prior to traveling.

Call your Travel Professional or a Quark Polar Travel Adviser at 1.888.892.0073 | Visit QuarkExpeditions.com for additional details
Quark Expeditions® is pleased to boast the largest polar class fleet of any provider, and the ability to offer our passengers this great expedition on a number of different vessels.

The entire Quark Expeditions® fleet is built for the challenging yet fragile polar environments, so we can confidently take you to places ordinary cruise companies wouldn’t dream of going.

Your Ship Options

Quark Expeditions® is pleased to boast the largest polar class fleet of any provider, and the ability to offer our passengers this great expedition on a number of different vessels.

The entire Quark Expeditions® fleet is built for the challenging yet fragile polar environments, so we can confidently take you to places ordinary cruise companies wouldn’t dream of going.
OCEAN DIAMOND
You have the run of the place on the Ocean Diamond, one of the largest of our small ships. All rooms have an exterior view, ensuite facility, flat-screen TV and DVD player, with some suites sporting a private balcony. After a day of exploration, you can relax with a book in the polar library, head to the gym for a quick workout, have a drink at the bar, or just soak in the scenery from the panoramic observation lounge. For the 2019-20 season, the Ocean Diamond will have completed renovations throughout the ship.

SHIP SPECIFICATIONS:
Staff & Crew: 108
Guests: 189
Lifeboats: 2, fully enclosed
Ice Class: 1D
Visit QuarkExpeditions.com to view deck plan details.
OCEAN ENDEAVOUR

The newly renovated Ocean Endeavor enjoys the distinction of being one of the only health- and wellness-focused adventure vessels in the Polar Regions, with the Quark Spa featuring a full treatment menu. Yoga classes, a gym, a heated saltwater pool, two saunas and a juice bar only add to the wellness factor, as does the new restaurant, which boasts a healthy, contemporary approach to cuisine. You will also find more adventure options than on any other Quark Expeditions® ship, including two exclusive options: mountaineering and cross country skiing.

SHIP SPECIFICATIONS:
Staff & Crew: 124  
Guests: 199  
Ice Class: 1B  
Lifeboats: 6  

Visit QuarkExpeditions.com to view deck plan details.
Adventure Options

Ready for a little adventure beyond your ship? Each Quark Expeditions® voyage offers a variety of fun recreational activities to enhance your polar experience.

**Included Activities**

**ZODIAC CRUISING**
Zodiacs are the workhorses of polar expeditions, safely transporting guests to remote shorelines and shallow inlets—places the ships can’t reach. Hopping in and out of them is super-easy.

**HIKING**
Led by experienced staff, exploring on foot is the best way to appreciate the landscape, communities and shorelines.

**LECTURES**
Daily chats with on-board experts—our guides, scientists and other special guests—let passengers rub shoulders with historians, botanists, ornithologists, biologists, geologists and more.

**POLAR PLUNGE**
This rite of passage, experienced just once per expedition, sees you safely jumping into icy ocean waters under the watchful eye of our staff—and just about every single camera lens on board!

**PHOTOGRAPHY**
Documenting your voyage so you can take the memories home is both rewarding and constructive. Plus, it is next to impossible to take a bad picture of the Polar Regions.

**OTHER EQUIPMENT ON BOARD**
Walking poles are provided at each landing for your convenience. Snowshoes may also be provided when conditions are favorable. This equipment is available at no cost.

More information about your Included and Paid Activities, including the necessary experience, physical requirements and cost, is available by contacting your Polar Travel Adviser or your travel professional.

Call your Travel Professional or a Quark Polar Travel Adviser at 1.888.892.0073 | Visit QuarkExpeditions.com for additional details
Paid Activities

**SEA KAYAKING**
Imagine gliding across the surface of a bay in the presence of icebergs and glaciers. Our Sea Kayaking adventures are a great way to feel at one with the sea. A small group of kayakers will plan to go out multiple times per voyage instead of shore landings. The number of opportunities to kayak is weather dependent and will only be conducted during calm conditions.

Prior kayaking experience is required for you to feel comfortable on the water, and you must have the capability to do a wet exit to participate. Beginners interested in kayaking should consider participating in the Paddling Excursion described below.

**PADDLING EXCURSION**
If you’re interested in kayaking and would like to try something less in-depth than Sea Kayaking, you can still enjoy the benefits of adding an on-water experience to your expedition with a Paddling Excursion. Sign up for a one-time paddle on our sit-on-top kayaks, which are stable and unencumbered: perfect for anyone with little to no experience with kayaking. We take rotating groups of passengers out on calm days with expert guides to connect with the sea.

**STAND-UP PADDLEBOARDING**
(on WORLD EXPLORER & OCEAN ENDEAVOUR only)
Taken in small groups—in calm bays and harbors, in good weather conditions—and accompanied by a Zodiac, our paddleboarding adventures can be pre-booked in two consecutive priority groups. After the first two successful outings, it will be offered via sign-up on board the ship on a first-come, first-served basis for any subsequent outings.

**CAMPING**
Treat yourself to an overnight camping adventure in Antarctica! This is one of the best ways to experience Antarctica in an intimate manner, taking your expedition to the next level. Camping is available on most early season Antarctic voyages. A camping safety briefing on board gets you fully prepped and ready for a night of sleeping under the stars. Dress warmly and eat a hearty meal before you head out, as no meals are allowed on land. All equipment and instruction is provided, no tent required. Our popular camping options have limited availability, varying by ship.

**PLEASE NOTE**
For all paid activities pre-booking is required. We recommend booking early as spaces fill quickly.
## Dates & Rates
### Crossing the Circle: Southern Expedition

### OCEAN DIAMOND

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| **ANTARCTIC 2018.19** |      |             |          |                |                  |               |                |             |       |                |                    |
| FEB 19 - MAR 4, 2019 | 14   | Ushuaia     | $8,995   | $16,095        | $16,095          | $13,095       | $13,695        | $15,295    | $15,595| $995           | $225              |

### OCEAN ENDEAVOUR

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Inclusions & Exclusions

Inclusions

ON ALL SHIPS, RATES INCLUDE:

• Leadership throughout the voyage by our experienced Expedition Leader, including shore landings and other activities
• All Zodiac transfers and cruising per the daily program
• Shipboard accommodation with daily housekeeping
• All meals, snacks, soft drinks and juices on board throughout your voyage (Please inform us of any dietary requirements as far in advance as possible. Unfortunately, the ships’ galleys cannot prepare kosher meals.)
• Beer and wine during dinner and coffee; tea and cocoa available around the clock
• All shore landings per the daily program
• Formal and informal presentations by our Expedition Team and guest speakers as scheduled
• A photographic journal documenting the expedition
• A pair of waterproof expedition boots on loan for shore landings
• An official Quark Expeditions® parka to keep
• Hair dryer and bathrobes in every cabin
• Comprehensive onboard materials, including a map and an informative Antarctic Reader
• All miscellaneous service taxes and port charges throughout the program
• All luggage handling aboard ship
• Emergency Evacuation insurance for all passengers to a maximum benefit of USD $500,000 per person

Included in expeditions that embark and disembark in Ushuaia aboard:

OCEAN DIAMOND

• Group transfer in Ushuaia from airport to pre-expedition hotel on Day 1
• One night’s pre-expedition hotel accommodation in Ushuaia with breakfast (Note: The number of guests per room is the same as cabin occupancy on the ship. Due to limited availability, travelers who reserve a suite on board are accommodated in standard rooms at the hotel. Triple rooms may not be available.)
• Group transfer from hotel to ship on embarkation day
• Group transfer upon disembarkation in Ushuaia from ship to local airport

Buenos Aires flight & hotel package on voyages aboard:

OCEAN ENDEAVOUR

• One pre-night’s hotel accommodation in Buenos Aires with breakfast (Note: The number of guests per room is the same as cabin occupancy on the ship. Due to limited availability, travelers who reserve a suite on board are accommodated in standard rooms at the hotel. Triple rooms may not be available.)
• Group transfer from hotel to airport in Buenos Aires
• Group flight departing from Buenos Aires’ domestic airport (Aeroparque/AEP) to Ushuaia, and returning to Buenos Aires’ international airport (Ezeiza/EZE)
• Group transfer from Ushuaia airport to the ship, and return (Note: Transfer on arrival in Buenos Aires from airport to hotel at the beginning of the journey is not included. Please make your way to the included hotel.)
• Combined airport transfer and express bus tour of Tierra del Fuego National Park after disembarkation in Ushuaia

Exclusions

RATES SPECIFICALLY DO NOT INCLUDE:

• For some specified departures, the purchase of a transfer package, including charter flight and hotels in conjunction with the expedition, is mandatory. The applicable per person cost is indicated on the Dates & Rates summary
• International airfare
• Passport and applicable visa expenses
• Government arrival and departure taxes not mentioned
• Meals ashore unless otherwise specified
• Baggage, cancellation, interruption and medical travel insurance—strongly recommended
• Excess-baggage fees on international flights
• Mandatory waterproof pants for Zodiac cruising, or any other gear not mentioned
• Laundry, bar, massage services and other personal charges, unless specified
• Phone and Internet charges
• Voluntary gratuity at the end of the voyage for shipboard staff and crew
• Additional overnight accommodation
• Arrival and departure transfers, except where explicitly stated
• Adventure options on expeditions (all weather dependent) that are not included in the cost of the voyage (e.g., sea kayaking, camping, etc.)

Call your Travel Professional or a Quark Polar Travel Adviser at 1.888.892.0073 | Visit QuarkExpeditions.com for additional details
Your Expedition Team

Our Expedition Leaders and staff bring diverse polar expertise in subjects as varied as polar history, marine biology, glaciology and photography. Their knowledge will greatly enhance your immersion into the polar environment and further enhance your connection to the Antarctic.

With over 27 years of experience bringing passengers to remote polar regions and an industry leading staff to guest ratio, we know how to handle the unexpected to guarantee the safety of all passengers. Ensuring this hard earned experience is not lost, our new expedition staff receive comprehensive training in our newly developed Quark Academy, which provides real-world polar expedition training prior to any staff member’s first voyage as well as ongoing training for experienced staff.
You can extend your trip by booking extra days to explore one of our gateway cities before or after the voyage. Since you’re traveling such a long way, you may want to spend extra time in Buenos Aires. We have a variety of pre- and post-expedition packages in this fascinating city, known as the tango capital of the world. Enjoy an extensive city tour and take in a tango show and breathtaking art. Savor Argentine barbecue at a steakhouse, then stroll the tree-lined boulevards and marvel at the Spanish colonial architecture. Take an extended tour from Buenos Aires to Iguazú Falls and if you’re daring, walk the catwalks over the falls.

To discover the best options for extending your adventure, get in touch with your Polar Travel Adviser via email, at Enquiry@QuarkExpeditions.com or phone (1.888.892.0073) for seamless, worry-free booking of all trip extensions.
If there is one constant at sea, it is that you’ll enjoy delicious meals on a daily basis. While meal times may change due to landings and wildlife encounters, you’ll always be served three meals a day. Almost any dietary restriction can be accommodated by letting us know prior to your expedition.

Breakfasts and lunches are normally served buffet style, while dinners are served plated. À la carte meals are made at the time of your order, allowing our chefs to prepare each dish to your individual needs, ensuring you receive top quality meals during the course of your expedition.

Soft drinks, juices and water are available at all times, and beer and wine are served with dinner, all included in the cost of your package. Spirits, premium wines and champagne are available at an extra cost which can be billed to your shipboard account. The well-stocked bar on the ship is open to enjoy with your fellow shipmates in the late morning, afternoon and evening.
Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must allow the sea, the ice and the weather to guide route and itinerary details. The below landing sites are a sample of what you may experience on your expedition.

**Antarctic Peninsula**

**ANTARCTIC CIRCLE**
Although not a typical landing, the crossing of the Antarctic Circle is a moment to remember. The event will usually happen while at sea, so be sure to head up to the bridge and snap your photo of the GPS reading 66°33’ S.

**CUVERVILLE ISLAND**
A gentoo penguin rookery is situated on a rocky beach at the north end of the island. Depending on when in the season you arrive, you may see the penguins building nests or attending to their chicks. Giant petrels and kelp gulls breed on the island.

**DAMOY POINT**
If you are lucky enough to mail a postcard in Antarctica, you’ll likely pass through Damoy Point, the northern entrance to the harbor where Port Lockroy is located.

**DANCO ISLAND**
Home to gentoo penguins, this small island is easy to explore, at only one mile (1.6 km) long. You can visit the marker of a former British Antarctic Survey hut, where you can watch for a variety of seabirds, such as snowy sheathbills, kelp gulls and blue-eyed shags.

**ENTERPRISE ISLAND**
Located in Wilhelmina Bay, this island was once used by whalers. A Zodiac cruise around the island passes a wrecked whaling ship.
LEMAIRE CHANNEL
You’ll see firsthand why this strait, which runs between Booth Island and the Antarctic Peninsula, is one of the most scenic locations on the peninsula’s west coast. The channel may become impassable when ice fills the narrow 6.8-mile (11 km) long passageway, so we’ll hope for clear waters.

MELCHIOR ISLANDS
This group of low islands in Dallmann Bay is where you may see hauled-out male fur seals as they recuperate from their battles for supremacy at the end of their breeding season.

NEKO HARBOUR
Little evidence remains that this bay was once used by the floating whale factory ship Neko. You might see whale vertebrae being used by resident gentoo penguins as shelter from the wind. Climb up a steep slope for spectacular views of the glacier-rimmed harbor.

PETERMANN ISLAND
Here, near the Lemaire Channel, you can stand ashore and see the southernmost breeding colony of gentoo penguins. Adélie penguins, shags and south polar skuas also inhabit the island.

PORT LOCKROY
As part of Operation Tabarin during the Second World War, a secret British base was built in this sheltered harbor, located on the west side of Wiencke Island. Now a designated historic site, the base is a museum and post office. Proceeds from your purchases in Port Lockroy support the UK Antarctic Heritage Trust, which preserves historic sites from the Heroic Age of Exploration. A large gentoo penguin population resides here and is observed for any effects of tourism.

WATERBOAT POINT
You may venture to this unique point, which at low tide is connected to the Antarctic mainland. Zodiaks are used to explore the historic area when the tide is in. Two scientists studying penguin behavior lived in a water boat on the point from 1921 to 1922. The remains of their camp have been designated an Antarctic historic site.

South Shetland Islands

AITCHO ISLANDS
This group of small islands, some still unnamed, is situated in the northern entrance of the English Strait. You can often spot a great mix of wildlife in the area, with gentoo and chinstrap penguins having established rookeries on the islands. Southern elephant and fur seals frequently haul out here, too.

BAILY HEAD
Also known as Rancho Point, Bailey Head is a rocky headland on the southeastern shore of Deception Island. Chinstrap penguins build nests on slopes leading to a high ridge that dominates the natural amphitheater and provides a superb setting for landscape photography.

HALF MOON ISLAND
This crescent-shaped island was known to sealers as early as 1821. Unlike sealers, who tried to keep their best locations secret, we’re happy to bring you ashore on this impressive island. Many Antarctic birds breed here, including chinstrap penguins, shags, Wilson’s storm petrels, kelp gulls, snowy sheathbills, Antarctic terns and skua.

IMPORTANT REMINDER
Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must allow the sea, the ice and the weather to guide route and itinerary details. This itinerary is a tentative outline of what you’ll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife encounters as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not a guarantee.
HANNAH POINT
Macaroni, chinstrap and gentoo penguin rookeries are located on this point, which is on the south coast of Livingston Island. Due to the rather congested area available to the nesting penguins, you can only visit here from January 10 onward.

PENDULUM COVE
Geothermal waters are found along the shoreline of this cove, named for observations made in 1829 by a British expedition. You may see yellow algae and boiled krill floating on the surface because of the scalding water!

PENGUIN ISLAND
Antarctica has two flowering plants, both of which you can find on Penguin Island: Deschampsia antarctica and Colobanthus quitensis. Chinstrap penguins, fur seals and southern elephant seals use the island for breeding purposes.

ROBERT POINT
A nice spot for Zodiac cruising, this point was known to sealers as early as 1820. Chinstrap penguins, kelp gulls and pintado petrels breed here, and whales may be seen in the surrounding waters.

TELEFON BAY
Your Expedition Team will be happy to point out that this is where the most recent evidence of volcanic eruption on Deception Island can be seen.

TURRET POINT
Chinstrap and Adélie penguin rookeries are found on this point, situated on the south coast of King George Island. The beaches here are often crowded with southern elephant, fur and Weddell seals hauling out on the rocks.

WHALER’S BAY
To reach Whaler’s Bay, it is necessary to sail through a narrow passage called Neptune’s Bellows. The bay was used by whalers from 1906 to 1931 and is part of a protected harbor created by the formation of the circular flooded caldera known as Deception Island. Along with waddling penguins and lounging seals, you’ll see the rusting remains of whaling operations on the beach. Watch for steam that may rise from geothermally heated springs along the shoreline.

YANKEE HARBOUR
Gentoo penguins have established a rookery at this harbor, situated on the southwest side of Greenwich Island. Here, you can see an abandoned Argentine refuge hut and a large glacier that stretches along the east and north sides of the bay. An abandoned sealing try pot is all that remains of the activity that brought men thousands of miles in tall ships to seek their fortune.
WHAT TO BRING! Packing for the polar regions doesn’t have to be daunting, and to make it easier for you, all Quark voyages include an expedition parka to keep, and a loan of appropriate polar footwear. Additional suggested items include:

**FOR SHORE LANDINGS**
- Base layers (wool, synthetic or a blend)
- Mid-layer warm/fleece top
- Mid-layer warm/fleece pant
- Wool and synthetic sock (3 to 4 pairs)
- Glove liners
- Neck warmer or balaclava
- Warm hat that covers ears
- Waterproof pants
- Waterproof gloves
- Sunscreen
- Sunglasses with UV protection

**FOR ON BOARD**
- Comfortable casual clothing (pants/jeans, shirts, sweaters)
- Lighter shirts (in case the ship gets warm)
- Comfortable non-slip close-toed unheeled shoes (NOTE: Flip flops or sandals should not be worn on board due to safety concerns)

**SUGGESTED ITEMS**
- Waterproof, lightweight backpack or dry sack
- Swimsuit (for the polar plunge!)
- Binoculars
- Camera with extra batteries
- Extra memory cards
- Earplugs (in case of noisy cabinmates)
- Eye masks for sleeping
- Seasickness, indigestion, headache or other medicine
- Voltage adapters

For more packing and gear-related info, visit the Quark Expeditions® online Polar Boutique at [Shop.QuarkExpeditions.com](http://Shop.QuarkExpeditions.com)
TO BOOK YOUR NEXT ADVENTURE
Contact your Travel Professional
or a Quark Expeditions® Polar Travel Adviser

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