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The Antarctic region offers so many extraordinary things to see and do, and travelling with Quark Expeditions offers multiple options to personalize your experience. We’ve designed this guide to help you identify what interests you most, so that you can start planning your version of the perfect Antarctic expedition.

The **Falklands (Malvinas), South Georgia and Antarctica** itinerary is the fastest way to get to the rarely visited Falklands South Georgia Islands while also stepping foot on the 7th continent. Stroll the typical English village of Stanley, walk sandy dunes and beaches where king penguins breed and visit rugged seabird cliffs. Both islands are known as a paradise for wildlife with epic displays of animals congregating by the thousands—as far as the eye can see. Pursue your personal passions with a choice of rewarding activities and our extensive educational program.

Antarctica has been inspiring explorers for centuries and our expeditions offer the chance for you to discover why. We’re excited to host you on your unforgettable adventure! Feel free to reach out to our team of Polar Travel Advisers who can answer any of your questions and provide assistance at any time.

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**EXPEDITION IN BRIEF**

- Wander the quaint British town of Stanley in the Falkland Islands (Islas Malvinas)
- See South Georgia’s incredible wildlife, including 30 breeding bird species and four penguin species
- Follow in the footsteps of Sir Ernest Shackleton’s perilous voyages to South Georgia and pause for a moment at his gravesite
- Explore the Antarctic Peninsula by ship, Zodiac and foot
- Learn about Antarctica’s unique geology, history and wildlife with our on-board lecturers
- Immerse yourself in the icy realm of the Antarctic, with an optional kayaking excursion
DAY 1 | ARRIVE IN USHUAIA, ARGENTINA
Your gateway for this expedition is Ushuaia, Argentina. Nestled within the Tierra del Fuego archipelago, Ushuaia has a small-town feel yet boasts many shops, museums, cafés and restaurants that you can enjoy before your voyage. If you’re feeling adventurous, the nearby national park and Martial Glacier offer plenty of outdoor activities, such as hiking.

DAY 2 | EMBARKATION DAY
As you embark, the anticipation grows. Trade your land legs for sea legs, meet and greet your fellow travelers and get acquainted with your ship. Since every Antarctic adventure presents new opportunities and experiences, embarkation day is just as exciting for your Expedition Team as it is for you. On board to ensure your comfort and safety, your team will also help make your wildlife dreams come true.

DAY 3 | AT SEA
Your days at sea are filled with presentations and lectures led by your Expedition Team, who will prepare you for the wildlife that will greet you upon your arrival. In between presentations, spend time chatting with your shipmates over a drink at the bar.

DAYS 4 & 5 | FALKLAND ISLANDS (ISLAS MALVINAS)
Upon your arrival in the Falklands (Malvinas), your camera will get its first real workout capturing the abundant wildlife and rugged feel of this sub-Antarctic region. The archipelago contains two main islands, East Falkland and West Falkland, which you will explore during daily Zodiac excursions and landings.
Stanley, also known as Port Stanley, is often a favored landing site, as the town offers a unique British outpost feel, complete with eclectic charm. You’ll be free to explore, grab a pint at the local pub or visit numerous churches and museums.

In terms of wildlife, the archipelago is home to Magellanic, gentoo and rockhopper penguins. If you’re lucky, you may even spot king penguins here as well! You can expect to see black-browed albatross, plus two endemic bird species—Cobb’s wren and the flightless Falkland steamer duck.

Your team of lecturers and specialists will be sure to educate you on the local flora and fauna, making the most out of your time in the Falklands.

**DAYS 6 & 7 | AT SEA**
Sailing southeast to South Georgia, you’ll officially enter Antarctic waters once you cross the Antarctic Convergence, an invisible biological boundary encircling the continent. This meeting of oceans, where the cold Antarctic waters mix and mingle with the warmer waters of the Indian, Pacific and Atlantic Oceans, is what creates the abundance of krill that attracts whales and seals to this part of the world. Your Expedition Team will notify you when you cross this invisible yet important line, and also look out for the seabirds and marine life that frequent the area.

**DAYS 8–11 | SOUTH GEORGIA**
This remote outpost was a popular stop for many historic Antarctic expeditions and was once a haven for hunting whales and elephant and fur seals. Today, island wildlife populations have rebounded, but you’ll still see remnants of old whaling stations and other abandoned outposts.

One significant and historic site is the grave of the great explorer Sir Ernest Shackleton. You can visit his grave at the settlement of Grytviken, which is also home to an old whaling station, plus a museum, gift shop, church and small research station.

Although South Georgia’s history is an important attraction to the island, it is the wildlife stands out. Each landing you make on South Georgia, often referred to as the Galapagos of the Poles, will open your eyes to a new wonder of enthralling creatures.

One day you may see rookeries with hundreds of thousands of pairs of king penguins waddling on a beach, and the next, you may visit another beach dotted with hundreds of fur or elephant seals. The grasses, mountains and beaches of South Georgia all play an important role in the breeding and survival of different species on the island. This fragile and interwoven relationship is something your Expedition Team will explain to you during your time here.

**DAYS 12 & 13 | AT SEA**
Say goodbye to the king penguins, as your next destination is Antarctica! Your days at sea are filled with presentations, lectures and workshops led by your Expedition Team, who will prepare you for the wildlife that will greet you upon
your arrival. In between activities, spend time chatting with your shipmates over a drink at the bar.

If conditions allow, we may attempt landfall on the South Orkney Islands, our first official stop in Antarctica.

DAYS 14–17 | SOUTH SHETLAND ISLANDS AND ANTARCTIC PENINSULA

The most common reaction upon reaching the White Continent is a sense of reverence and awe. The experience is beyond words, since few places are as untouched, unique and enduring as Antarctica.

You will discover that Antarctica is a land of extremes. At one moment you’ll be overcome with a feeling of complete desolation and silence, and at the next moment you’ll be inspired by nature as a calving glacier crashes into brilliant blue sea or a penguin waddles by to inspect your footwear.

Your Expedition Team will take care of you at each landing, whether you are Zodiac cruising, visiting a historical site or consorting with penguin colonies. Chinstrap, Adélie and gentoo penguins are found here, along with Weddell, fur, crabeater and leopard seals. Keep a lookout for curious whales, such as minkes, while on a Zodiac cruise, giving you a chance for an intimate experience with these majestic animals. Each day and each landing will present a new collection of creatures to entertain you and keep your camera busy.

As exciting as the Zodiac excursions and landings are, perhaps you’ll treat yourself to an extra-special Antarctic experience by partaking in an optional kayaking excursion (extra cost) or going for a plunge in Antarctic waters!

DAYS 18 & 19 | CROSSING THE DRAKE PASSAGE

After more than two weeks of endless wildlife encounters, your journey home begins. Crossing the Drake is your unofficial rite of passage, completing your Antarctic adventure.

Enjoy your final moments celebrating with your fellow shipmates. The noisy, busy, populated world awaits your return, so savor the silence of the sea as long as you can.

DAY 20 | DISEMBARKATION IN USHUAIA

After breakfast aboard the ship, it is time to part ways and say goodbye to your Expedition Team. Airport transfers will be provided for those departing on the first homeward flights. Other guests will be transferred to town.

IMPORTANT REMINDER

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must allow the sea, the ice and the weather to guide route and itinerary details. This itinerary is a tentative outline of what you’ll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife encounters as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not a guarantee.
As you prepare for your journey, you may be interested to know the details of your arrival and departure. Since air transportation to and from your voyage is not included in the cost of your expedition, you have some flexibility in planning your flights. Looking to extend your adventure beyond your polar cruise? Learn how to add on a pre-or post-expedition stop—or both!—in your gateway city on page 23.

Arrival Day and Embarkation

ARRIVING IN USHUAIA
You may arrive in Ushuaia at any time during Day 1 of your itinerary. Ushuaia is a destination worth exploring, so we do encourage you to arrive a day or two before your expedition. Based on the arrival information you send us, we will arrange for a transfer from the airport to your hotel.

A Quark Expeditions® representative will be available to answer your questions in the lobby of your hotel in Ushuaia during your optional pre-departure briefing on Day 1, at 6pm.
EMBARKATION IN USHUAIA
On the morning of Day 2, your luggage will be collected from the lobby of your hotel, transferred to the ship and stored in your cabin.

Ship embarkation will occur on Day 2 of your itinerary, usually around 4pm. You and your shipmates will meet at a designated spot near the pier, and board the waiting buses for transfer to the ship. Information about embarkation will be posted in your Ushuaia hotel and discussed during your optional pre-departure meeting on Day 1.

Final Day and Departure
DISEMBARKATION IN USHUAIA AND ONWARD
Your ship is scheduled to arrive at the pier in Ushuaia, between 7am and 8am. Once the ship has docked, you will have time to bid farewell to your Expedition Team and shipmates before completing your disembarkation. The process takes about an hour.

Weather conditions can always change our arrival times, and airline schedule changes have also been known to occur. Please book your flight home from Ushuaia to depart as late in the day as possible or at a date after the end of your expedition. If you have booked a flight that departs before 11am on the date that your expedition ends, you will be at risk of missing your flight.

Quark Expeditions® staff in Ushuaia will reconfirm your domestic flight 48 hours prior to disembarkation, provided you give your information to our team ahead of time or when you board the ship.

Included Hotel Accommodations
Your included accommodation begins on Day 1 of your itinerary, and the specific hotel(s) will be indicated on your final voyage confirmation. If you are arriving prior to Day 1 of your expedition or are staying after the disembarkation day and would like help booking a pre-or post-stay, please contact your preferred travel agent or Quark Expeditions® for hotel options. As accommodation space is limited, you are encouraged to request any extra nights as early as possible.

Ushuaia accommodations range from hostels to mid-range properties, and hotel space is limited. Quark Expeditions® endeavors to provide the best possible accommodation within these parameters. A particular property cannot be guaranteed, but space is most often booked at Hotel Las Lengas, Hotel Los Acebos, and Albatros Hotel.

Arrival and Departure Transfers
USHUAIA AIRPORT TRANSFERS
ARRIVAL: A group transfer in Ushuaia is included from the airport to your included pre-expedition hotel on Day 1 of your itinerary.

DEPARTURE: A group departure transfer is included from the ship to the airport on the final day of your itinerary. If your flight is later in the day, you may opt to transfer to our luggage storage facility instead and enjoy further activities in Ushuaia on your own. Access to luggage storage is available until 6pm on the disembarkation day only. You will need to arrange your own transfer to the airport if you do not take advantage of the included transfer or if you are leaving Ushuaia after the disembarkation day.

In order to facilitate your transfers, we request that you provide your flight details to Quark Expeditions® at least 30 days prior to traveling.
DAY 1 | ARRIVE IN BUENOS AIRES, ARGENTINA
You may arrive in Buenos Aires at any time during Day 1 of your itinerary. Upon arriving in this splendid city, known for its rich architecture and European heritage, you will independently transfer to your included hotel.

DAY 2 | FLY TO USHUAIA AND EMBARKATION
After breakfast at the hotel, the group will transfer to the airport and board our private charter flight to Ushuaia, Argentina.

Upon arrival, you will have a little time to explore this quaint port town before heading to the pier.

Embarkation will occur in the late afternoon, after which your vessel will sail down the historic Beagle Channel, which transects the Tierra del Fuego archipelago in the extreme south of South America. Expect an air of anticipation as you depart—the next time you see land, you’ll be in the world’s most southern continent!

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**DAY 20 | DISEMBARKATION IN USHUAIA AND FLY TO BUENOS AIRES**

You will arrive in Ushuaia in the morning, after breakfast. After disembarking, you will get a little taste of Patagonia by touring Tierra del Fuego National Park before transferring to the airport for the return group charter flight to Buenos Aires.
As you prepare for your journey, you may be interested to know the details of your arrival and departure. Since air transportation to and from your voyage is not included in the cost of your expedition, you have some flexibility in planning your flights. Looking to extend your adventure beyond your polar cruise? Learn how to add on a pre- or post-expedition stop—or both!—in your gateway city on page 23.

Arrival Day and Embarkation

ARRIVING IN BUENOS AIRES
You may arrive at any time during Day 1 of your itinerary. Upon your arrival in Buenos Aires, you will make your way to the included group hotel. That evening, a Quark Expeditions® representative will greet you and be available to answer your questions at the pre-departure briefing. After breakfast the following morning, on Day 2, your group will transfer to the airport and board our private charter flight to Ushuaia, Argentina, the southernmost city in the world.

USHUAIA AND EMBARKATION
Upon arrival in Ushuaia (Day 2 of your itinerary), you’ll have some free time to explore this quaint port town before heading to the pier and embarking around 4pm. Information about embarkation will be given during your pre-departure briefing at the Buenos Aires hotel.

PLEASE NOTE
There is a strict luggage limit of 44 lbs (20 kg) checked luggage and 11 lbs (5 kg) cabin baggage on the flights between Buenos Aires and Ushuaia. Should you have additional luggage, it can be stored at the hotel in Buenos Aires. There is NO option to pay for additional luggage.
Final Day and Departure

DISEMBARKATION IN USHUAIA
The ship is scheduled to arrive back at the pier in Ushuaia between 7am and 8am. After breakfast, and once the ship has docked, you will have time to bid farewell to your Expedition Team before completing your disembarkation. The process takes about an hour. If you have purchased the Buenos Aires hotel and transfer package, after disembarkation, you will take a short tour of Tierra del Fuego National Park before transferring to the airport for our return charter flight to Buenos Aires.

DEPARTING FROM BUENOS AIRES
Upon arrival in Buenos Aires, you may connect directly with your homeward flight, as we will land at the international airport (EZE). Approximate arrival time is scheduled for 5pm.

Arrival and Departure Transfers

BUENOS AIRES AIRPORT TRANSFERS
Arrival and departure transfers in Buenos Aires are not included; however, a Polar Travel Adviser can arrange them for you.

If you are flying home right away, you will most likely be able to board on the same day, as our charter flight arrives at Ministro Pistorini International Airport (EZE). Please be sure to allow three hours between our charter arrival and your international departure.

If your plans will take you onward in South America, please check your flight schedule to confirm your connection before booking. Upon arrival in Buenos Aires, you may need to transfer from the international airport (EZE) to the domestic airport, Jorge Newbery (AEP), which is located about a one-hour drive away.

Included Hotel Accommodations

Your included accommodation begins on Day 1 of your itinerary, and the specific hotel(s) will be indicated on your final voyage confirmation. If you are arriving prior to Day 1 of your expedition or are staying after the disembarkation day and would like help booking a pre- or post-stay, please contact your preferred travel agent or Quark Expeditions® for hotel options. As accommodation space is limited, you are encouraged to request any extra nights as early as possible.

Please Note
Weather conditions can always delay our arrival, and airline schedule changes have also been known to occur. Booking flexible tickets is always encouraged, as we cannot be held responsible for delays due to unforeseen circumstances.

We recommend that you book an extra hotel night in Buenos Aires for the safest travel plans. If you must transfer between airports on the final day of the voyage, you can choose to use the efficient airport shuttle service, Manuel Tienda León, or take a taxi (about a one-hour ride under normal traffic conditions). If you prefer, your Polar Travel Adviser can also arrange for a private transfer.

As traffic can be a factor, we recommend that you allow at least four to five hours between flights arriving and departing from the different airports in Buenos Aires.

In order to facilitate your transfers, we request that you provide your flight details to Quark Expeditions® at least 30 days prior to traveling.
Quark Expeditions® is pleased to boast the largest polar class fleet of any provider, and the ability to offer our passengers this great expedition on a number of different vessels.

The entire Quark Expeditions® fleet is built for the challenging yet fragile polar environments, so we can confidently take you to places ordinary cruise companies wouldn’t dream of going.
NEW! WORLD EXPLORER

The newest addition to the Quark Expeditions® Antarctic fleet, polar powerhouse World Explorer—our first all-suites, all-balcony ice-class ship—lets you discover everything Antarctica has to offer, with the type of service available only at premium hotels. World Explorer also delivers plenty of areas, both inside and out, to witness the incredible Antarctic wildlife or simply watch the world go by, including a spacious observation deck for taking in sights outdoors, an observation lounge with panoramic skyline views, a library for intimate relaxing and reading, and the Explorer Lounge for a drink and a chat. Presentations and discussions are held in a dedicated lecture theater. Health and wellness facilities feature an outdoor running track, small gym and spa, plus a heated outdoor swimming pool. With its new and environmentally sustainable hybrid technology and state-of-the-art Rolls-Royce engines and generators, the ship also boasts reduced fuel consumption and CO₂ emissions.

**SHIP SPECIFICATIONS:**

- Staff & Crew: 125
- Guests: 176
- Lifeboats: 2, fully enclosed
- Ice Class: 1B

Visit QuarkExpeditions.com to view deck plan details.
Newly Renovated — OCEAN ADVENTURER

Our popular ship Sea Adventurer has been relaunched as Ocean Adventurer after a multi-million-dollar renovation. A team of marine architects, engineers, interior designers and polar expedition specialists worked together to enhance this nimble and intimate fleet favorite. Upgrades include a refreshed look and feel throughout, plus the complete remodeling of the lounge, dining room and bar. All cabins received new linens and bathroom updates. Six new deluxe cabins as well as three new suites have also been added. Major technical enhancements include two new Rolls-Royce engines, which yield increased speed and fuel efficiency, and a minimized carbon footprint.

SHIP SPECIFICATIONS:
Staff & Crew: 87
Guests: 132
Lifeboats: 4, partially enclosed
Ice Class: 1A

Visit QuarkExpeditions.com to view deck plan details.
**OCEAN ENDEAVOUR**

The newly renovated Ocean Endeavor enjoys the distinction of being one of the only health- and wellness-focused adventure vessels in the Polar Regions, with the Quark Spa featuring a full treatment menu. Yoga classes, a gym, a heated saltwater pool, two saunas and a juice bar only add to the wellness factor, as does the new restaurant, which boasts a healthy, contemporary approach to cuisine. You will also find more adventure options than on any other Quark Expeditions® ship, including two exclusive options: mountaineering and cross country skiing.

**SHIP SPECIFICATIONS:**

Staff & Crew: 124  
Guests: 199  
Ice Class: 1B  
Lifeboats: 6

Visit QuarkExpeditions.com to view deck plan details.
Adventure Options

Ready for a little adventure beyond your ship? Each Quark Expeditions® voyage offers a variety of fun recreational activities to enhance your polar experience.

Included Activities

Zodiac Cruising
Zodiaks are the workhorses of polar expeditions, safely transporting guests to remote shorelines and shallow inlets—places the ships can’t reach. Hopping in and out of them is super-easy.

Hiking
Led by experienced staff, exploring on foot is the best way to appreciate the landscape, communities and shorelines.

Lectures
Daily chats with on-board experts—our guides, scientists and other special guests—let passengers rub shoulders with historians, botanists, ornithologists, biologists, geologists and more.

Polarp Plunge
This rite of passage, experienced just once per expedition, sees you safely jumping into icy ocean waters under the watchful eye of our staff—and just about every single camera lens on board!

Photography
Documenting your voyage so you can take the memories home is both rewarding and constructive. Plus, it is next to impossible to take a bad picture of the Polar Regions.

Other Equipment on Board
Walking poles are provided at each landing for your convenience. Snowshoes may also be provided when conditions are favorable. This equipment is available at no cost.

More information about your Included and Paid Activities, including the necessary experience, physical requirements and cost, is available by contacting your Polar Travel Adviser or your travel professional.
Paid Activities

**SEA KAYAKING**
Imagine gliding across the surface of a bay in the presence of icebergs and glaciers. Our Sea Kayaking adventures are a great way to feel at one with the sea. A small group of kayakers will plan to go out multiple times per voyage instead of shore landings. The number of opportunities to kayak is weather dependent and will only be conducted during calm conditions.

Prior kayaking experience is required for you to feel comfortable on the water, and you must have the capability to do a wet exit to participate. Beginners interested in kayaking should consider participating in the Paddling Excursion described below.

**PADDLING EXCURSION**
If you’re interested in kayaking and would like to try something less in-depth than Sea Kayaking, you can still enjoy the benefits of adding an on-water experience to your expedition with a Paddling Excursion. Sign up for a one-time paddle on our sit-on-top kayaks, which are stable and unencumbered: perfect for anyone with little to no experience with kayaking. We take rotating groups of passengers out on calm days with expert guides to connect with the sea.

**CROSS-COUNTRY SKIING** *(on OCEAN ENDEAVOUR only)*
Cross-country skiing is one of the most efficient ways to travel over ground covered in snow and ice, enabling you to travel in Antarctica the same way that pioneering explorers like Amundsen and Shackleton did. On select departures, we’ll endeavor to offer this activity once per voyage, at an ideal landing site during our expedition. With journeys taking a few hours, it is imperative you be in good physical condition. Ideally, in order to partake in this activity, you should have cross-country skiing experience; however, exceptions may be made for those deemed physically capable. While Quark Expeditions® provides the essential gear, you will be responsible for certain extras, such as additional warm clothing and a pair of quality sunglasses.
**MOUNTAINEERING (on OCEAN ENDEAVOUR only)**
Geared toward our fitness-conscious adventurers, mountain climbing in Antarctica is amongst the most rewarding and addictive outdoor endeavors and will be a special memory that will last forever. Once per indicated departure, our expert mountaineering guide will work with the Expedition Leader to select the ideal location for a full-day mountaineering adventure, which can last up to five hours. In order to participate in this challenging option, you are required to complete a fitness waiver.

**STAND-UP PADDLEBOARDING (on WORLD EXPLORER & OCEAN ENDEAVOUR only)**
Taken in small groups—in calm bays and harbors, in good weather conditions—and accompanied by a Zodiac, our paddleboarding adventures can be pre-booked in two consecutive priority groups. After the first two successful outings, it will be offered be offered via sign-up on board the ship on a first-come, first-served basis for any subsequent outings.

**PLEASE NOTE**
For all paid activities pre-booking is required. We recommend booking early as spaces fill quickly.
## Dates & Rates

Falklands, South Georgia and Antarctica: Explorers and Kings

### OCEAN ADVENTURER

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<th>Dates</th>
<th>Days</th>
<th>Start / End</th>
<th>Triple Lower Deck Twin</th>
<th>Main Deck Porthole</th>
<th>Main Deck Window</th>
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<th>Deluxe</th>
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### WORLD EXPLORER

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<th>Start / End</th>
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<th>Superior Suite</th>
<th>Deluxe Suite</th>
<th>Owner's Suite</th>
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### OCEAN ENDEAVOUR

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### Transfer Package

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Call your Travel Professional or a Quark Polar Travel Adviser at 1.888.892.0073 | Visit QuarkExpeditions.com for additional details
Inclusions & Exclusions

Inclusions

ON ALL SHIPS, RATES INCLUDE:

• Leadership throughout the voyage by our experienced Expedition Leader, including shore landings and other activities
• All Zodiac transfers and cruising per the daily program
• Shipboard accommodation with daily housekeeping
• All meals, snacks, soft drinks and juices on board throughout your voyage (Please inform us of any dietary requirements as far in advance as possible. Unfortunately, the ships’ galleys cannot prepare kosher meals.)
• Beer and wine during dinner; and coffee, tea and cocoa available around the clock
• All shore landings per the daily program
• Formal and informal presentations by our Expedition Team and guest speakers as scheduled
• A photographic journal documenting the expedition
• A pair of waterproof expedition boots on loan for shore landings
• An official Quark Expeditions® parka to keep
• Hair dryer and bathrobes in every cabin
• Comprehensive onboard materials, including a map and an informative Antarctic Reader
• All miscellaneous service taxes and port charges throughout the program
• All luggage handling aboard ship
• Emergency Evacuation insurance for all passengers to a maximum benefit of USD $500,000 per person

Included in expeditions that embark and disembark in Ushuaia aboard:

OCEAN ADVENTURER & WORLD EXPLORER

• Group transfer in Ushuaia from airport to pre-expedition hotel on Day 1
• One night’s pre-expedition hotel accommodation in Ushuaia with breakfast (Note: The number of guests per room is the same as cabin occupancy on the ship. Due to limited availability, travelers who reserve a suite on board are accommodated in standard rooms at the hotel. Triple rooms may not be available.)
• Group transfer from hotel to ship on embarkation day
• Group transfer upon disembarkation in Ushuaia from ship to local airport

Buenos Aires flight & hotel package on voyages aboard:

OCEAN ENDEAVOUR

• One pre-night’s hotel accommodation in Buenos Aires with breakfast (Note: The number of guests per room is the same as cabin occupancy on the ship. Due to limited availability, travelers who reserve a suite on board are accommodated in standard rooms at the hotel. Triple rooms may not be available.)
• Group transfer from hotel to airport in Buenos Aires
• Group flight departing from Buenos Aires’ domestic airport (Aeroparque/AEP) to Ushuaia, and returning to Buenos Aires’ international airport (Ezeiza/EZE)
• Group transfer from Ushuaia airport to the ship, and return (Note: Transfer on arrival in Buenos Aires from airport to hotel at the beginning of the journey is not included. Please make your way to the included hotel.)
• Combined airport transfer and express bus tour of Tierra del Fuego National Park after disembarkation in Ushuaia

Exclusions

RATES SPECIFICALLY DO NOT INCLUDE:

• For some specified departures, the purchase of a transfer package, including charter flight and hotels in conjunction with the expedition, is mandatory. The applicable per person cost is indicated on the Dates & Rates summary
• International airfare
• Passport and applicable visa expenses
• Government arrival and departure taxes not mentioned
• Meals ashore unless otherwise specified
• Baggage, cancellation, interruption and medical travel insurance—strongly recommended
• Excess-baggage fees on international flights
• Mandatory waterproof pants for Zodiac cruising, or any other gear not mentioned
• Laundry, bar, massage services and other personal charges, unless specified
• Phone and Internet charges
• Voluntary gratuity at the end of the voyage for shipboard staff and crew
• Additional overnight accommodation
• Arrival and departure transfers, except where explicitly stated
• Adventure options on expeditions (all weather dependent) that are not included in the cost of the voyage (e.g., sea kayaking, stand-up paddleboarding, etc.)
Our Expedition Leaders and staff bring diverse polar expertise in subjects as varied as polar history, marine biology, glaciology and photography. Their knowledge will greatly enhance your immersion into the polar environment and further enhance your connection to the Antarctic.

With over 27 years of experience bringing passengers to remote polar regions and an industry leading staff to guest ratio, we know how to handle the unexpected to guarantee the safety of all passengers. Ensuring this hard earned experience is not lost, our new expedition staff receive comprehensive training in our newly developed Quark Academy, which provides real-world polar expedition training prior to any staff member’s first voyage as well as ongoing training for experienced staff.
PRE- AND POST-EXPEDITION TRIP EXTENSIONS

You can extend your trip by booking extra days to explore one of our gateway cities before or after the voyage. Since you’re traveling such a long way, you may want to spend extra time in Buenos Aires. We have a variety of pre- and post-expedition packages in this fascinating city, known as the tango capital of the world. Enjoy an extensive city tour and take in a tango show and breathtaking art. Savor Argentine barbecue at a steakhouse, then stroll the tree-lined boulevards and marvel at the Spanish colonial architecture. Take an extended tour from Buenos Aires to Iguazú Falls and if you’re daring, walk the catwalks over the falls.

To discover the best options for extending your adventure, get in touch with your Polar Travel Adviser via email, at Enquiry@QuarkExpeditions.com or phone (1.888.892.0073) for seamless, worry-free booking of all trip extensions.
Meals on Board

If there is one constant at sea, it is that you’ll enjoy delicious meals on a daily basis. While meal times may change due to landings and wildlife encounters, you’ll always be served three meals a day. Almost any dietary restriction can be accommodated by letting us know prior to your expedition.

Breakfasts and lunches are normally served buffet style, while dinners are served plated. À la carte meals are made at the time of your order, allowing our chefs to prepare each dish to your individual needs, ensuring you receive top quality meals during the course of your expedition.

Soft drinks, juices and water are available at all times, and beer and wine are served with dinner, all included in the cost of your package. Spirits, premium wines and champagne are available at an extra cost which can be billed to your shipboard account. The well-stocked bar on the ship is open to enjoy with your fellow shipmates in the late morning, afternoon and evening.
Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must allow the sea, the ice and the weather to guide route and itinerary details. The below landing sites are a sample of what you may experience on your expedition.

**Falkland Islands (Islas Malvinas)**

**CARCASS ISLAND**
This five-mile (8 km) island northwest of West Falkland is owned by Rob and Lorraine McGill. Named for the Royal Navy ship HMS Carcass, which arrived in 1766, it is a picturesque place, where songbirds nest amongst the luxuriant growth that covers the gently rolling landscape.

**NEW ISLAND**
New Island, the most southwesterly island in the archipelago and a designated Important Bird Area, is about eight miles (13 km) long and half a mile (800 meters) wide. The rugged west side of the island rises a steep 600 feet (183 meters), while the east side slopes down to the sea. Ownership is held by the New Island Conservation Trust, which manages the island as a nature reserve.

**STANLEY**
Stanley’s deep-water harbor has been the economic mainstay of the community since the port’s completion in 1845. Ships that were damaged while rounding Cape Horn would call in for expensive repairs. The questionable vessels that were used to carry fortune seekers to the gold fields of California and Australia often called at Stanley as well. The town is as lively as it gets in the Falklands (Malvinas), and the future of the port may be bright if hydrocarbon deposits off the coast prove to be abundant.
WEST POINT ISLAND
The Napier family has owned West Point Island since the 1860s. On the island's west coast, black-browed albatross nest in colonies on cliffs along the water's edge. Rockhopper penguins share the cliffs, while Commerson's dolphins can often be seen in the surrounding waters.

South Georgia

DRYGALSKI FJORD
This is a photogenic and dramatic fjord, with sharp and jagged peaks rising out of the sea. Glaciation never reached the peaks, giving the fjord a unique landscape.

GOLD HARBOUR
The backdrop to this harbor is the hanging Bertrab Glacier. King and gentoo penguins call Gold Harbour home, as do rowdy elephant and fur seals.

GRYTVIKEN
Only a handful of people live, albeit temporarily, on South Georgia, a British overseas territory. Two of them are curators of the South Georgia Museum, located in the former villa of the whaling station manager. The church was built for the whaling community and is the only building in Grytviken that is still used for its original purpose.

SALISBURY PLAIN
One of the largest king penguin rookeries on South Georgia is located on Salisbury Plain. The Murphy and Lucas Glaciers flank the plain, creating a perfect backdrop for photos.

ST. ANDREW’S BAY
Thousands of breeding pairs of king penguins nest at St. Andrew’s Bay—the largest king penguin rookery on South Georgia, and a wildlife spectacle to behold.

STROMNESS
This abandoned whaling station was in full operation the day that Sir Ernest Shackleton and his companions staggered into it after a 36-hour trek across the island. There is a small cemetery here, with the graves of 14 whalers.

Antarctic Peninsula

BROWN BLUFF
A possible exposed volcano, Brown Bluff towers 2,225 feet (678 meters) over the rookeries of Adélie and gentoo penguins, which number in the thousands. These penguins will create a symphony of background noise while you explore the bluff.
**CIERVA COVE**
If one of your expedition goals is to witness incredible icebergs and pack ice, Cierva Cove is the place for you. A massive glacial face regularly calves into the bay, and the floating ice can be quite spectacular. Seals can be spotted on ice floes, and later in the season, humpback whales occasionally breach the icy waters.

**DANCO ISLAND**
Home to gentoo penguins, this small island is easy to explore, at only one mile (1.6 km) long. You can visit the marker of a former British Antarctic Survey hut, where you can enjoy the stunning view of the Errera channel.

**ENTERPRISE ISLAND**
Located in Wilhelmina Bay, this island was once used by whalers. A Zodiac cruise around the island passes a wrecked whaling ship.

**HOPE BAY**
Three members of the Swedish Antarctic Expedition (1901-04) spent the winter in a hut on the shores of the bay. The hut is located close to the jetty of Esperanza Station, an Argentine research station.

**MELCHIOR ISLANDS**
This group of low islands in Dallmann Bay is where you may see hauled-out male fur seals as they recuperate from their battles for supremacy at the end of their breeding season.

**MIKKELSEN HARBOR**
Located on the south side of Trinity Island, Mikkelsen Harbor is a 1.86-mile (3 km) wide bay surrounded by stunning ice cliffs. It was discovered by a Swedish Antarctic expedition in 1901-04, and is surrounded by several reefs. Keep your camera close, as gentoo penguins and skuas, as well as Weddell, Antarctic fur, leopard, and crabeater seals, are often seen in the region.

**PARADISE BAY**
A wide bay and natural harbor on the West Antarctic Peninsula, Paradise Bay is also known as Paradise Harbor. Mountains, glaciers and ice cliffs offer spectacular views. Icebergs regularly calve from the glaciers, providing a place for seals, penguins and seabirds to rest and play. Located in Paradise Bay, and named after Admiral Guillermo Brown, father of the Argentine Navy, the Almirante Brown Antarctic Base opened in 1951 but was destroyed by fire in 1984. It has since been partially rebuilt and is used during summer months for scientific research. Also located in the Bay is Waterboat Point, where two scientists studying penguin behavior lived in a water boat from 1921 to 22. The remains of their camp have been designated an Antarctic historic site.
PAULET ISLAND
Located in the northwestern Weddell Sea, Paulet Island is home to a large Adélie penguin rookery. With a volcanic cone that rises 1,158 feet (353 meters), the island reminds you that this was once a very active landscape. In addition to penguins, you may be interested in visiting a historic hut built by members of the Swedish Antarctic Expedition of 1901-04. A cross marks the gravesite of Ole Wennersgaard, a member of the crew.

WILHELMINA BAY
Humpback whales abound in “Whale-mina Bay,” as it’s nicknamed, and the scenery is spectacular. Sheer cliffs and glaciers surround the calm waters of the protected bay, named after Wilhelmina, queen of the Netherlands from 1890 to 1948. If you’re lucky, you may see the humpbacks bubble-net feeding: they exhale while swimming in circles, trapping their prey in a “net” of bubbles, and then swim straight up from below, mouths open. A truly spectacular sight!

South Shetland Islands
AITCHO ISLANDS
This group of small islands, some still unnamed, is situated in the northern entrance of the English Strait. You can often spot a great mix of wildlife in the area, with gentoo and chinstrap penguins having established rookeries on the islands. Southern elephant and fur seals frequently haul out here, too.

BAILY HEAD
Also known as Rancho Point, Bailey Head is a rocky headland on the southeastern shore of Deception Island. Chinstrap penguins build nests on slopes leading to a high ridge that dominates the natural amphitheater and provides a superb setting for landscape photography.

HALF MOON ISLAND
This crescent-shaped island was known to sealers as early as 1821. Unlike sealers, who tried to keep their best locations secret, we’re happy to bring you ashore on this impressive island. Many Antarctic birds breed here, including chinstrap penguins, shags, Wilson’s storm petrels, kelp gulls, snowy sheathbills, Antarctic terns and skua.

HANNAH POINT
Macaroni, chinstrap and gentoo penguin rookeries are located on this point, which is on the south coast of Livingston Island. Due to the rather congested area available to the nesting penguins, you can only visit here from January 10 onward.
PENDULUM COVE
Geothermal waters are found along the shoreline of this cove, named for observations made in 1829 by a British expedition. You may see yellow algae and boiled krill floating on the surface because of the scalding water!

PENGUIN ISLAND
Antarctica has two flowering plants, both of which you can find on Penguin Island: *Deschampsia antarctica* and *Colobanthus quitensis*. Chinstrap penguins, fur seals and southern elephant seals use the island for breeding purposes.

ROBERT POINT
A nice spot for Zodiac cruising, this point was known to sealers as early as 1820. Chinstrap penguins, kelp gulls and pintado petrels breed here, and whales may be seen in the surrounding waters.

TELEFON BAY
Your Expedition Team will be happy to point out that this is where the most recent evidence of volcanic eruption on Deception Island can be seen.

TURRET POINT
Chinstrap and Adélie penguin rookeries are found on this point, situated on the south coast of King George Island. The beaches here are often crowded with southern elephant, fur and Weddell seals hauling out on the rocks.

WHALER’S BAY
To reach Whaler’s Bay, it is necessary to sail through a narrow passage called Neptune’s Bellows. The bay was used by whalers from 1906 to 1931 and is part of a protected harbor created by the formation of the circular flooded caldera known as Deception Island. Along with waddling penguins and lounging seals, you’ll see the rusting remains of whaling operations on the beach. Watch for steam that may rise from geothermally heated springs along the shoreline.

YANKEE HARBOUR
Gentoo penguins have established a rookery at this harbor, situated on the southwest side of Greenwich Island. Here, you can see an abandoned Argentine refuge hut and a large glacier that stretches along the east and north sides of the bay. An abandoned sealing try pot is all that remains of the activity that brought men thousands of miles in tall ships to seek their fortune.

IMPORTANT REMINDER
Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must allow the sea, the ice and the weather to guide route and itinerary details. This itinerary is a tentative outline of what you’ll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife encounters as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not a guarantee.
Packing Checklist

WHAT TO BRING! Packing for the polar regions doesn’t have to be daunting, and to make it easier for you, all Quark voyages include an expedition parka to keep, and a loan of appropriate polar footwear. Additional suggested items include:

FOR SHORE LANDINGS
- Base layers (wool, synthetic or a blend)
- Mid-layer warm/fleece top
- Mid-layer warm/fleece pant
- Wool and synthetic sock (3 to 4 pairs)
- Glove liners
- Neck warmer or balaclava
- Warm hat that covers ears
- Waterproof pants
- Waterproof gloves
- Sunscreen
- Sunglasses with UV protection

SUGGESTED ITEMS
- Waterproof, lightweight backpack or dry sack
- Swimsuit (for the polar plunge!)
- Binoculars
- Camera with extra batteries
- Extra memory cards
- Earplugs (in case of noisy cabinmates)
- Eye masks for sleeping
- Seasickness, indigestion, headache or other medicine
- Voltage adapters

FOR ON BOARD
- Comfortable casual clothing (pants/jeans, shirts, sweaters)
- Lighter shirts (in case the ship gets warm)
- Comfortable non-slip close-toed unheeled shoes (NOTE: Flip flops or sandals should not be worn on board due to safety concerns)

For more packing and gear-related info, visit the Quark Expeditions® online Polar Boutique at Shop.QuarkExpeditions.com

WEATHER CONDITIONS & TEMPERATURES
Weather conditions are highly variable, with temperatures hovering around the freezing mark. The continuous daylight warms sheltered areas so that you may find temperatures warm enough for t-shirts. However, you may encounter snow squalls, fog and white-outs during an expedition and should be ready for any conditions.
TO BOOK YOUR NEXT ADVENTURE
Contact your Travel Professional
or a Quark Expeditions® Polar Travel Adviser

1.888.892.0073
QuarkExpeditions.com

PHOTO CREDITS:
Acacia Johnson; David Merron; Grange Productions; Nicky Souness; Samantha Crimmin

EXPEDITION BROCHURE
September 2018